

SECTION 5 of Directory

First Aid

Section 5 - First Aid

Level 3 Emergency First Aid at Work	FA001
Level 3 Award in First Aid at Work	FA002
Level 3 Award in First Aid at Work – Requalification	FA003
Level 3 Award in Emergency Paediatric First Aid	FA004
Level 3 Award in Paediatric First Aid	FA005
Annual Refresher for First Aid at Work & Emergency First Aid at Work	FA006
Level 2 Award Student First Aid	FA007
Level 1 Awareness in First Aid for Mental Health – Distance Learning	FA008
Level 2 Awareness in First Aid for Mental Health– Distance Learning	FA009
Level 3 Award in Supervising First Aid for Mental Health– Distance Learning	FA010

Level 3 Award in Emergency First Aid at Work Accredited (RQF) - 1 Day

Code: FA001



Introduction

The 1-day Emergency First Aid qualification is the less comprehensive of the two main (non paediatric) First Aid Qualifications routinely used in Schools. This qualification is for low risk environments or for personnel assigned to support fully qualified First Aiders (those who have completed the 3 Day First Aid at Work qualification). The qualification meets the Emergency First Aid standard required by the Health & Safety Executive – The regulatory body for First Aid within the UK

Duration

A minimum of 6 hours.

Attendees: This training is suitable for:

- Any individual wishing act as a qualified Emergency First Aider within the workplace.

Syllabus.

A range of subjects are covered including:

- Responsibilities and reporting
- Assessment of the Situation
- Dealing with an unresponsive casualty
- Basic hygiene in First Aid
- Resuscitation and AED awareness
- Anatomy
- Minor injuries
- Bleeding control
- Burns
- Choking
- Epilepsy
- Shock

Certification

A Level 3 Award in Emergency First Aid will be issued to the learner, subject to successful assessment. This qualification is valid for three years from the date of achievement. First Aid Awards Ltd (FAA) are an Ofqual regulated Awarding Organisation.

Length of session: 1 Day. Maximum Learners: 12

Cost	Core	Enhanced	Non-SLA
In School	£549	£499	£599
Central	£79pp	£69pp	£89pp

Level 3 Award in First Aid at Work Accredited (RQF) - 3 Days

Code: FA002



Introduction

This comprehensive three-day course covers a wide range of first aid events, enabling all participants to deal with emergency situations with confidence in a prompt, safe and effective way. In addition, this course will include any protocol changes that may have arisen since the Learner's last training course. This course will give the participants a qualification to the highest level of First Aid, meeting the statutory requirements of the Health and Safety (First Aid) Regulations 1981.

Duration

A minimum of 18 hours spread over at least three days.

Attendees: This training is suitable for:

- Any individual wishing act as a qualified First Aider within the workplace

Syllabus.

Unit 1: Emergency First Aid in the workplace

Unit 2: Recognition and management of illness and injury in the workplace

- Legalities, responsibilities, and reporting
- Dealing with an unresponsive casualty
- Fractures and spinal injuries
- Control of bleeding
- Poisoning
- Burns
- Epilepsy
- Resuscitation and AED awareness
- Bandaging
- Heart attacks
- Head injuries
- Chest injuries
- Asthma
- Stroke
- Assessment of the situation
- Shock (including Anaphylaxis)
- Choking
- Eye injuries
- Sprains and strains
- Diabetes

Certification

A Level 3 Award in First Aid for Mental Health will be issued to the learner, subject to successful assessment. This qualification is valid for three years from the date of achievement. First Aid Awards Ltd (FAA) are an Ofqual regulated Awarding Organisation.

Length of session: 3 Days. Maximum Learners: 12

Cost	Core	Enhanced	Non-SLA
In School	£1449	£1299	£1599
Central	£189pp	£169pp	£209pp

Level 3 Award in First Aid at Work – Re-qualification Accredited (RQF) – 2 Days

Code: FA003



Introduction

This 2-day First Aid at Work course is designed for those who currently hold a First Aid at Work qualification that is due to expire.

Please note. A First Aider can renew their FAW qualification by attending this 2-day requalification course if it's within 1 month past the expiry date.

Duration

2 Days. A minimum of 12 hours spread over at least two days.

Attendees: This training is suitable for:

- Any individual wishing to **requalify** as a First Aider in the workplace

Syllabus:

A range of subjects are covered including:

- Legalities, responsibilities, and reporting
- Dealing with an unresponsive casualty
- Fractures and spinal injuries
- Control of bleeding
- Poisoning
- Burns
- Epilepsy
- Resuscitation and AED awareness
- Bandaging
- Heart attacks
- Head injuries
- Chest injuries
- Asthma
- Stroke
- Assessment of the situation
- Shock (including Anaphylaxis)
- Choking
- Eye injuries
- Sprains and strains
- Diabetes

Certification

A Level 3 Award in First Aid will be issued to the learner, subject to successful assessment. This qualification is valid for three years from the date of achievement. First Aid Awards Ltd (FAA) are an Ofqual regulated Awarding Organisation.

Length of session: 2 Days. Maximum Learners: 12

Cost	Core	Enhanced	Non-SLA
In School	£999	£899	£1099
Central	£159pp	£139pp	£179pp

Level 3 Award in Emergency Paediatric First Aid Accredited (RQF) – 1 Day

Code: FA004



Introduction

The qualification is designed for learners with a responsibility for the care of children and babies and provides knowledge and skills to deal with a range of paediatric first aid conditions and incidents.

The Emergency Paediatric First Aid qualification is unit 1 of the full two-day Paediatric First Aid qualification. From gaining this Emergency Paediatric First Aid qualification learners could progress to completing unit 2 and being awarded the 2-day Award in Paediatric First Aid.

Duration

1 Day (6 hours)

Attendees: This training is suitable for:

- Any individual wishing to fulfil the role of Emergency Paediatric First Aider

Syllabus:

Unit 1: Paediatric Emergency First Aid: A range of subjects are covered including:

- Responsibilities and reporting
- Dealing with an unresponsive casualty
- Assessment of the situation & prioritising actions
- Wounds and bleeding
- Resuscitation
- Minor injuries
- Epilepsy
- Anaphylaxia and shock

Certification

A Level 3 Award in Emergency Paediatric First Aid will be issued to the learner, subject to successful assessment. This qualification is valid for three years from the date of achievement. First Aid Awards Ltd (FAA) are an Ofqual regulated Awarding Organisation.

Length of session: 1 Day. Maximum Learners: 12

Cost	Core	Enhanced	Non-SLA
In School	£549	£499	£599
Central	£79pp	£69pp	£89pp

Level 3 Award in Paediatric First Aid

Accredited (RQF) - 2 Days

Code: FA005



Introduction

This Paediatric First Aid qualification is for those who work in a childcare setting. This paediatric first aid course has been specifically designed to meet the paediatric first aid requirements in the statutory framework for the early year's foundation stage. This qualification provides learners with the opportunity to develop the skills and knowledge needed to deal with a range of paediatric first aid situations, illnesses, injuries and emergencies which can arise when looking after children.

Duration

2 Days

Attendees: This training is suitable for:

- Any individual wishing to fulfil the role of Paediatric First Aider.

Syllabus.

A range of subjects are covered including

- Role of the Paediatric First Aider
- Primary Survey
- Resuscitation (CPR including the safe use of an AED)
- Wounds, bleeding and shock
- Allergic reactions including anaphylaxis
- Head, neck and back injuries
- Seizure
- Choking
- Minor injuries
- Recovery Position
- Fractures
- Foreign bodies
- Diabetic emergencies
- Asthma
- Meningitis
- Febrile convulsions
- Extreme cold and heat
- Electrical incidents

Certification

A Level 3 Award in Paediatric First Aid will be issued to the learner, subject to successful assessment. This qualification is valid for three years from the date of achievement. First Aid Awards Ltd (FAA) are an Ofqual regulated Awarding Organisation.

Length of session: 2 Days. Maximum Learners: 12

Cost	Core	Enhanced	Non-SLA
In School	£999	£899	£1099
Central	£159pp	£139pp	£179pp

Annual Refresher for First Aid at Work and Emergency First Aid at Work – Half Day

Code: FA006



Introduction

Re-qualification of First Aid at Work and Emergency First Aid at Work is mandatory after a period of three years. However, The Health & Safety Executive (HSE) "strongly recommends that first-aiders undertake **Annual Refresher** training during any three-year FAW/EFAW certification period. Although not mandatory, this will help qualified first-aiders maintain their basic skills and keep up-to-date with any changes to first-aid procedures".¹ This three-hour annual refresher course has been designed to meet this HSE recommendation and will help First Aiders to maintain their skills and knowledge whilst also keeping up-to-date with any changes to protocols.

Duration

A minimum of three hours

Attendees: This training is suitable for:

Any individual with wishing to refresh their First Aid at Work or Emergency First Aid at Work knowledge and skills. **NOTE: THIS IS NOT A REQUALIFICATION COURSE**

Syllabus

A range of subjects are covered including –

- Responsibilities
- Primary Assessment
- Recovery Position
- Resuscitation
- Wounds and Bleeding
- Hygiene

Certification

Delegates will receive a certificate of attendance.

Length of session: 3 Hours Maximum Learners: 12

Cost	Core	Enhanced	Non-SLA
In School	£399	£299	£499
Central	£68pp	£58pp	£78pp

¹

Level 2 Award in Student First Aid Accredited (RQF) - 3 hours

Code: FA007



Introduction

As of the end of September 2020, the Government announced that health education will be compulsory in all state-funded schools in England and this includes basic first aid training.

This 3-hour Student First Aid course has been designed for key stage 3 and key stage 4 students (11+ years) and fulfils the requirements of the Department for Education in respect of first aid training.

By enrolling students Not only would secondary schools meet the statutory requirements for health education, but students will also have the opportunity to attain a nationally regulated qualification, enhance their CV and develop new life skills.

Duration

A minimum of three contact hours in the classroom, consisting of practical and theoretical activities.

Attendees: This training is suitable for:

- Key stage 3 and 4 Students (must be 11 years of age and above)

Syllabus.

A range of subjects are covered including:

- What is First Aid
- Primary Survey
- Recovery Position
- Resuscitation
- Safe use of an automated external defibrillator (AED)
- Choking
- Head Injuries
- Cuts, grazes and bruises
- Nosebleeds
- Minor burns and scalds
- Fractures & Dislocations
- Sprains & Strains

Certification

A Level 2 Award in Student First Aid will be issued to the learner, subject to successful assessment. First Aid Awards Ltd (FAA) are an Ofqual regulated Awarding Organisation.

Length of session: Half Day. Maximum Learners: 12

Cost	Core	Enhanced	Non-SLA
In School	£399	£299	£499

Level 1 Award in Awareness of First Aid for Mental Health Accredited (RQF) - Half day

Code: FA008



Introduction

This ½-Day awareness course is aimed at providing learners with the knowledge to maintain their own mental health. In addition learners will be able to identify suspected mental health conditions, understand how to start a supportive conversation and be able to signpost the person towards professional help.

Note: This is an awareness level course and as such the learner would not be classed as a qualified Mental Health First Aider.

Duration

A minimum of 4 hours

Attendees: This training is suitable for:

- Any individual wishing to increase their understanding of their own and others mental health and be able to support qualified Mental Health First Aiders within the workplace.

Syllabus.

A range of First Aid for Mental Health related subjects are covered including:

- What is First Aid for Mental Health?
- Identifying mental health conditions
- Providing advice and starting a conversation
- Stress
- Mental health conditions

Certification

A Level 1 Award in Awareness of First Aid for Mental Health will be issued to the learner, subject to successful assessment. This qualification is valid for three years from the date of achievement. First Aid Awards Ltd (FAA) are an Ofqual regulated Awarding Organisation.

Length of session: Half Day. Maximum Learners: 12

Cost	Core	Enhanced	Non-SLA
In school/Virtual	£399	£299	£499
Central virtual	£68pp	£58pp	£78pp

Level 2 Award in First Aid for Mental Health Accredited (RQF) - 1 day

Code: FA009



Introduction

This 1-Day course covers the content of the Level 1 course but also expands on the effects of drugs and alcohol, incorporates the First Aid for Mental Health Action Plan and covers ways in which a positive mental health culture can be supported within a workplace.

Duration

A minimum of 6 hours

Attendees: This training is suitable for:

- Any individual wishing act as a Mental Health First Aider within the workplace.

Syllabus.

- What is First Aid for Mental Health?
- Identifying Mental Health Conditions
- Providing advice and starting a conversation
- Stress
- Drugs & Alcohol
- First Aid for Mental Health Action Plan
- First Aid for Mental Health in the Workplace

Certification

A Level 2 Award in First Aid for Mental Health will be issued to the learner, subject to successful assessment. This qualification is valid for three years from the date of achievement. First Aid Awards Ltd (FAA) are an Ofqual regulated Awarding Organisation.

Length of session: 1 Day. Maximum Learners: 12

Cost	Core	Enhanced	Non-SLA
In school/Virtual	£549	£499	£599
Central virtual	£79pp	£69pp	£89pp

Level 3 Award in Supervising First Aid for Mental Health Accredited (RQF) - 2 day

Code: FA010



Introduction

This 2-Day course covers a wider range of mental health conditions and the support and help provided by healthcare professionals. It contains and expands upon the content of both the Level 1 and Level 2 qualifications but is aimed at supervisor level within the workplace.

Duration

A minimum of 12 hours

Attendees: This training is suitable for:

- Any individual wishing act as a Mental Health First Aider and Mental Health First Aid Supervisor (or Champion) within the workplace.

Syllabus.

- What is First Aid for Mental Health?
- Identifying Mental Health Conditions
- Providing advice and starting a conversation
- Stress
- Anxiety
- Drugs and alcohol
- First Aid for Mental Health action plan
- First Aid for Mental Health in the workplace
- Depression
- Post-traumatic stress disorder
- Self-harm
- Suicide
- Eating disorders
- Personality disorders
- Bipolar disorder
- Psychosis
- Schizophrenia

Certification

A Level 3 Award in Supervising First Aid for Mental Health will be issued to the learner, subject to successful assessment. This qualification is valid for three years from the date of achievement. First Aid Awards Ltd (FAA) are an Ofqual regulated Awarding Organisation.

Length of session: 2 Days. Maximum Learners: 12

Cost	Core	Enhanced	Non-SLA
In school/Virtual	£999	£899	£1099
Central virtual	£159pp	£139pp	£179pp