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## Health & Safety

### Section 6 – Health & Safety

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# **SECTION 6**

## Health & Safety Training

**Introduction**

The Institution of Occupational Health and Safety (IOSH) is a globally renowned chartered body that champions the highest workplace standards of health and safety.

IOSH Managing Safely® is the most popular course of its type in the world. The course is designed for anyone in a management or supervisory role, in any sector. The IOSH Managing Safely® course provides the essential knowledge and understanding of how to manage health & safety responsibilities in the workplace.

**Attendees: This training is suitable for:**

Any individual who has organisational responsibilities for managing/influencing health and Safety risks, resources or working practices within the workplace. Within the education sector the course would be of particular benefit to Business Managers, Facility/Site Managers, Governors and Safety Representatives

**Learning Outcomes**

The Learner will-

- Understand the importance of managing health and safety in the workplace
- Define the key terms relating to health and safety
- Recognise the key hazards encountered in the workplace
- Understand how to identify, assess, reduce and control risks in the workplace
- Know how health & safety law works
- Understand the key aspects of a health & safety management system

**IOSH Managing Safely® has 7 units (modules):**

- Introducing Managing Safely
- Assessing Risk
- Controlling Risks
- Understanding Responsibilities
- Understanding Hazards
- Investigating Incidents
- Measuring Performance

**Assessment & Certification**

IOSH Managing Safely® is assessed by a 30 question multi format exam and a short practical assessment (a workplace risk assessment) completed at the end of the course. On successful completion the delegate will receive the nationally recognised IOSH Managing Safely Certificate.

**Length of session: 3 Days. Maximum Learners: 16**

Cost	Core	Enhanced	Non-SLA
Central	£449pp	£399pp	£499pp

# Level 1 Health and Safety in the Workplace Accredited (RQF) – Half day

Code: HS002



## Introduction

This is an excellent introduction to health and safety in the workplace and will benefit any worker, in any industry or sector and accommodates induction training for the new employee very well.

All aspects of Health and Safety are important to a business whether you are an employee, contractor or supplier and this half-day course will benefit both the learner and the business, ensuring that the working environment is a safe and healthy one.

## Duration

Half Day. This course is available in face to face and distance learning formats.

## Attendees: This training is suitable for:

Employees wishing to gain an effective introduction to Health & Safety in the Workplace

## Syllabus.

A range of subjects are covered including (but not limited to):

- Understanding the importance of health, safety and welfare standards in the workplace
- Knowing how hazards and risks are controlled in the workplace
- Being aware of the main causes and effects of poor health and safety at work
- Understanding how health and safety information is communicated in the workplace

## Certification

A Level 1 Award in Health and Safety in the Workplace will be issued to the learner, subject to successful assessment. First Aid Awards Ltd (FAA) are an Ofqual regulated Awarding Organisation.

**Length of session: half day. Maximum Learners: 16**

Cost	Core	Enhanced	Non-SLA
In school/Virtual	£399	£299	£499
Central virtual	£68pp	£58pp	£78pp

# Level 2 Health and Safety in the Workplace Accredited (RQF) – 1 Day

Code: HS003



## Introduction

This is an excellent introduction to health and safety in the workplace and will benefit all employees, particularly those who may be accepting a health and safety role, such as a safety representative within their organisation.

The qualification provides learners with essential knowledge and understanding of health and safety in the workplace under UK health and safety legislation and is also an ideal platform to higher level training or career development.

## Duration

1 Day. This course is available in face to face and distance learning formats.

## Attendees: This training is suitable for:

Employees wishing to achieve an effective understanding of Health & Safety in the workplace including Safety Representatives.

## Syllabus.

A range of subjects are covered including (but not limited to):

- The roles and responsibilities for health, safety and welfare in the workplace
- The value and process of risk assessments
- The identification and control of workplace hazards
- How to respond to workplace incidents and accidents

## Certification

A Level 2 Award in Health and Safety in the Workplace will be issued to the learner, subject to successful assessment. First Aid Awards Ltd (FAA) are an Ofqual regulated Awarding Organisation.

**Length of session: 1 day. Maximum Learners: 16**

Cost	Core	Enhanced	Non-SLA
In school/Virtual	£549	£499	£599
Central virtual	£79pp	£69pp	£89pp

# Level 1 Award in Fire Safety. Accredited (RQF)

## Half day

Code: HS004



### Introduction

The importance of fire safety in the workplace is underpinned by health and safety legislation that places a duty on employers to establish policies and procedures and ensure their employees receive appropriate training.

This course is designed for all employees as an introduction to fire awareness and is an excellent ingredient in the induction programme of new employees. It deals with how fires can occur and what to do in the event of a fire.

### Duration

Half Day. This course is available in face to face and distance learning formats.

### Attendees: This training is suitable for:

Any employee requiring an introduction to fire safety

### Syllabus.

A range of subjects are covered including:

- The common causes of fire
- The behaviour of fire
- Legislation (brief)
- Responsibilities
- Fire Prevention
- Actions to be taken in the event of fire
- How to use fire extinguishers
- Emergency evacuation procedures

### Certification

A Level 1 Award in Fire Safety will be issued to the learner, subject to successful assessment.

First Aid Awards Ltd (FAA) are an Ofqual regulated Awarding Organisation.

**Length of session: Half day. Maximum Learners: 16**

Cost	Core	Enhanced	Non-SLA
In school/Virtual	£399	£299	£499
Central virtual	£68pp	£58pp	£78pp

# Level 2 Award in Fire Safety. Accredited (RQF)

## 1 Day

Code: HS005



### Introduction

The qualification is suitable for a learner who has responsibility in the workplace to undertake fire safety requirements and will provide learners with the knowledge to carry out designated duties as a Fire Warden/Marshall. The qualification will also increase fire safety awareness for all employees.

The qualification covers fire hazards, risk assessment, control of fire in the workplace and duties of both employers and employees.

### Duration

1 Day. This course is available in face to face and distance learning formats.

### Attendees: This training is suitable for:

Any person assigned fire safety duties in the workplace such as Fire Warden/Marshall and/or others wishing to increase their knowledge of fire safety measures

### Syllabus.

A range of subjects are covered including:

- The hazards and risks associated with workplace fire safety
- Controlling fire risks in the workplace
- Principles and practice of fire safety management in the workplace
- Understand the role of the nominated fire warden on a day to day basis
- Understand the role of the nominated fire warden during an emergency

### Certification

A Level 2 Award in Fire Safety will be issued to the learner, subject to successful assessment.

First Aid Awards Ltd (FAA) are an Ofqual regulated Awarding Organisation.

**Length of session: 1 day. Maximum Learners: 16**

Cost	Core	Enhanced	Non-SLA
In school/Virtual	£549	£499	£599
Central virtual	£79pp	£69pp	£89pp

# Level 2 Award in Manual Handling Principles & Practice. Accredited (RQF) 1 Day

Code: HS006



## Introduction

Employers are required to take appropriate steps, including training, to reduce the risk of injury to employees who carry out any manual handling activities at work.

The qualification is designed for those who carry out manual handling at work and provides essential information about associated risks, hazards and control measures.

## Duration

1 Day. This course is available in face to face and distance learning formats.

## Attendees: This training is suitable for:

Any person who undertakes significant manual handling in the workplace

## Syllabus.

A range of subjects are covered including:

- The benefits of safe manual handling
- Manual handling risk assessments and their benefits
- The principles of safe movement during manual handling
- Types of equipment available to reduce injury risks during manual handling
- Applying safe manual handling principles

## Certification

A Level 2 Award in Manual Handling Principles & Practice will be issued to the learner, subject to successful assessment. First Aid Awards Ltd (FAA) are an Ofqual regulated Awarding Organisation.

**Length of session: 1 day. Maximum Learners: 16**

Cost	Core	Enhanced	Non-SLA
In school/Virtual	£549	£499	£599
Central virtual	£79pp	£69pp	£89pp



### Introduction

All employers are under a legal obligation to assess the risks to their staff or any other person who may be affected by their undertaking. Where five or more people are employed the assessments must be recorded. This course will provide candidates with the knowledge and techniques to approach risk assessments with confidence.

Your course will be delivered by a fully qualified and highly experienced Health & Safety Practitioner/Trainer.

### Duration

Half Day. This course is available in face to face and distance learning formats.

### Attendees: This training is suitable for:

All staff involved in producing or interpreting Risk Assessments.

### Syllabus.

A range of subjects are covered including:

- Legal Requirements for Risk Assessment.
- What is a Hazard?
- What is a risk?
- Prioritising Risks
- Identifying suitable control measures (Hierarchy of Control)
- How to complete a suitable and sufficient Risk Assessment

### Certification

Delegates will be awarded a MAC Safety Solutions certificate of attendance.

**Length of session: Half day. Maximum Learners: 16**

Cost	Core	Enhanced	Non-SLA
In school/Virtual	£399	£299	£499
Central virtual	£68pp	£58pp	£78pp

### Introduction

The Control of Asbestos Regulations 2006, state that every employer must ensure that adequate information, instruction and training is given to employees who are, or who are liable to be, exposed to asbestos, or those who supervise such employees.

Your course will be delivered by a fully qualified and highly experienced Health & Safety Practitioner/Trainer.

### Duration

Half Day. This course is available in face to face and distance learning formats.

### Attendees: This training is suitable for:

Any employee whose work could foreseeably disturb the fabric of a building and expose them to asbestos or who supervise or influence the work, for example School Business Managers, Facilities/Site Managers, Caretakers and other maintenance staff

### Syllabus.

A range of subjects are covered including:

- The properties of asbestos and its effects on health
- The types, uses and likely occurrence of asbestos and Asbestos Containing Material's (ACMs) in buildings and plant
- The general procedures to be followed to deal with an emergency, eg an uncontrolled release of asbestos dust into the workplace
- How to avoid the risks from asbestos

### Certification

Delegates will be awarded a MAC Safety Solutions certificate of attendance.

**Length of session: Half day. Maximum Learners: 16**

Cost	Core	Enhanced	Non-SLA
In school/Virtual	£399	£299	£499
Central virtual	£68pp	£58pp	£78pp

### Introduction

Working at height remains one of the biggest causes of fatalities and major injuries. Common cases include falls from ladders and through fragile surfaces. The law requires Employers to ensure any employee engaged in working at height, or those controlling such work are competent. This training will assist employers in fulfilling their obligations in this regard.

The training will provide participants with an understanding of how work at height should be planned and controlled to minimise the associated risks.

Your course will be delivered by a fully qualified and highly experienced Health & Safety Practitioner/Trainer.

### Duration

Half Day.

### Attendees: This training is suitable for:

Any employee who is required to work at height, or those who manage/supervise such employees. Such as Site/Facility Managers, caretaking, cleaning and maintenance staff.

### Syllabus.

A range of subjects are covered including (but not limited to):

- Legal Requirements (brief)
- The Definition of Working at Height
- The Hierarchy of Control
- Selection of work at height equipment
- Inspection of work at height equipment
- Safe use of ladders / stepladders and lightweight access platforms.

### Certification

Delegates will be awarded a MAC Safety Solutions certificate of attendance.

**Length of session: Half day. Maximum Learners: 16**

Cost	Core	Enhanced	Non-SLA
In school/Virtual	£399	£299	£499
Central virtual	£68pp	£58pp	£78pp

# Health & Safety Support

## Health & Safety Support Solutions.



MAC Safety Solutions Ltd provide a comprehensive Health and Safety Support Solution to CES members. Support is provided by fully qualified and experienced health & safety professionals.

### Our approach.

We understand that Health & Safety compliance can seem daunting and complicated, we believe this need not be the case. Our approach mirrors that advocated by the HSE who encourage *“those responsible for managing health and safety in schools to strike the right balance, so that the real risks are managed and learning opportunities are experienced to the full”*.

### Our services

Our services include, but are not limited to;

- Legal compliance checks
- Health & Safety Management System Development
- Policy/Procedure review & development
- Audit/Inspection services
- Accident/Incident Investigation
- RIDDOR (statutory) Reporting support
- Fire Risk Assessment
- Risk Assessment review
- Control of Contractors

### How can I engage MAC Safety Solutions?

Should you have a requirement for the services listed above or any other H&S related matter you should contact the CES office on 0191 2146724 and they will arrange one of the consultants to contact you.