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Section 1 - Safeguarding

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Safeguarding Management

New Designated Safeguarding Lead

Code: SM001

Introduction

This training is specifically designed for staff who have been asked to become a Designated Safeguarding Lead or Deputy. Only after completion of the course can they act as Designated Safeguarding Lead.



Attendees: This training is suitable for the following members of staff:

For all staff who are responsible for safeguarding matters, including:

- Head Teachers
- Deputy Head Teachers
- Senior Leaders
- New Designated Safeguarding Leads

Learning Outcomes:

By the end of the training, participants will be able to:

- Understand their role as a Designated Safeguarding Lead
- Understand the referral process and when to refer a concern
- Identify risks levels of potential cases
- Record effectively
- Have knowledge of how to deal with staff allegations
- Knowledge of current guidance and legislation

Venue:

Venues will be confirmed per session so please check the location prior to attending. Lunch and refreshments are provided on this course. Please let us know if you have any dietary requirements.

See our training plan for forthcoming dates.

Length of course: 1 day

Cost	Core	Enhanced	Non-SLA
In School	N/A	N/A	N/A
Central/Zoom	Free	Free	£300



Introduction

This session is amended annually to ensure Designated Safeguarding Leads are kept up to date with current issues and guidance. Using national and regional information we develop the session to be specific to the role.

Attendees: This training is suitable for the following members of staff:

For all staff who are responsible for safeguarding matters, including:

- Head Teachers
- Deputy Head Teachers
- Senior Leaders
- Designated Safeguarding Leads

Learning Outcomes:

By the end of the training participants will be able to:

- Understand and know the key changes within Keeping Children Safe in Education 2022 (KCSIE)
- Explore and revisit their own role and responsibility
- Think about what constitutes a 'safe' working culture and implement this into practice
- Understand key legalisation and policy which underpins their practice
- Understand and manage low level concerns and allegations against staff
- Explore the role of the local authority designated officer
- Think about what prevents staff from reporting concerns- Is there anything you can do in your school to change / improve this?
- Understand the importance of effective record keeping

Venue:

Venues will be confirmed per session so please check the location prior to attending.

Length of course: 2 hours

Cost	Core	Enhanced	Non-SLA
In School	N/A	N/A	N/A
Central/Zoom	Free	Free	£100

Introduction

The purpose of the review is to assist the school in ensuring safeguarding procedures are compliant and that the school is meeting its statutory responsibilities for keeping children safe. It further extends the audit, and other challenge and monitoring processes.

A consultant will visit the school to conduct a comprehensive review of safeguarding practice across the whole school environment.

The review process will involve:

- An examination of key safeguarding documentation, policies and website
- Safeguarding learning walk around the school site and the learning environment
- Observation of the children entering the school in the morning
- Detailed review of the school's single central record and safer recruitment procedures
- A consultant interview with:
 - Headteacher / Designated safeguarding lead (DSL)
 - Members of school staff
 - Link governor for safeguarding
 - A group of children
 - A group of parents
 - School business manager

This review is suitable for:

- School leadership including the governance monitoring process
- Trust CEOs as part of the due diligence process of trusts looking to adopt new schools
- Schools planning and preparing for future Ofsted / ISI inspections
- Schools who need to get a full picture of strengths and weaknesses in safeguarding

Outcomes

A detailed report identifying:

- Background and context to the review
- Key safeguarding documentation and procedures established and embedded
- Good practice and potential gaps in each of the areas reviewed
- Summary and areas for consideration

Length of session: 6 hours in school, preparation and report writing

Cost	Core	Enhanced	Non-SLA
In School	£750	6 Credits	£900

Introduction

CES provide schools with an Audit/Self Review document which can be completed individually, or in discussion with your identified CES consultant.

The Audit addresses:

- The key areas of the statutory Section 175 process and allows schools to self-review school safeguarding practice across a range of domains and then identify areas for improvement
- 10 key areas of safeguarding activity and enables schools to identify strengths and areas for improvement

The audit document can be downloaded from the member section of the website for all schools who purchase an SLA from ourselves.

Audit length to be agreed with the consultant.

Cost	Core	Enhanced	Non-SLA
In School	Free	Free	£300

School Review of Safeguarding Key Performance Indicators (KPIs)

**Code:
SM005**

Introduction

The purpose of the review is to assist the school in ensuring safeguarding procedures are compliant and that the school is meeting its statutory responsibilities for keeping children safe. Although not all of the Key Performance Indicators are statutory, they identify good practice in safeguarding to evidence compliance.

A consultant will visit the school to review the safeguarding procedures as detailed in the Key Performance Indicators.

The review process will involve:

- An examination of key safeguarding documents and procedures
- Discussions with the Designated Safeguarding Lead

Attendees: This review is suitable for:

- School leadership including the governance monitoring process
- Trust CEOs as part of an assurance process to check individual trust schools have key safeguarding procedures in place

Outcomes

A concise report identifying:

- Key safeguarding documents and procedures established and embedded
- Future actions and timescales
- Specific elements of good practice
- Possible whole trust / federation consistencies of approach (where relevant)

Length of session: Half day in school followed by report writing

Cost	Core	Enhanced	Non-SLA
In School	£375	3 credits	£450

Understanding serious case reviews/serious adult reviews and learning from experience

**Code:
SM006**

Introduction

This course will provide staff with an awareness and understanding of serious case reviews and serious adult reviews

Attendees: This session is suitable for:

This training is suitable for all staff, including, management, school/organisation staff, family support staff, residential staff, support workers and attendance staff.

Outcomes

- What is a Serious Case Review/Safeguarding Adult Review and why are they carried out?
- Who is involved in a Serious Case Review/Safeguarding Adult Review?
- Recurring issues found in Serious Case Reviews
- How to reduce risk and develop best practice

Length of session: 1 hour

Cost	Core	Enhanced	Non-SLA
In school	£125	1 credit	£150

Safeguarding Governors

Introduction

Governors are facing an increasing level of scrutiny in Ofsted inspections. At CES we encourage Governors to not only participate in school-based staff training but to also attend a session specifically designed to enable Governors to fulfil their statutory duties.



Attendees: This training is suitable for:

- Governors who have attended previous safeguarding training

Course contents:

- National update
- Keeping Children Safe in Education
- Responsibilities and understanding
- Specific safeguarding issues
- What to do if you are concerned

Learning Outcomes

- Be up to date with current national safeguarding guidance
- Be aware of the school's safeguarding policies and procedures
- Understand the responsibilities of governors
- Have an awareness of a range of safeguarding issues
- Have an understanding of monitoring safeguarding

Length of training: ½ - 1 hour

Cost	Core	Enhanced	Non-SLA
In School	Free	Free	N/A
Central/Zoom	Free	Free	N/A

Introduction

Governors are facing an increasing level of scrutiny in Ofsted inspections. At CES we encourage Governors to not only participate in school-based staff training but to also attend a session specifically designed to enable Governors to fulfil their statutory duties.



Attendees: This training is suitable for:

- Link governor for safeguarding

Course contents:

- National update
- Keeping Children Safe in Education
- Responsibilities and understanding
- Tools to support governor monitoring
- Expectations and planning of governor monitoring
- What to do if you are concerned

Learning Outcomes

- Be up to date with current national safeguarding guidance
- Be aware of the school’s safeguarding policies and procedures
- Understand the responsibilities of the link governor
- Have a good understanding of the monitoring process
- Be able to plan a bespoke monitoring programme
- Be able to effectively challenge and support the leadership on safeguarding

Length of training: 1½ hours

Cost	Core	Enhanced	Non-SLA
In School	N/A	N/A	N/A
Central/Zoom	Free	Free	N/A



Introduction

Governors are facing an increasing level of scrutiny in Ofsted inspections. At CES we encourage Governors to not only participate in school based staff training but to also attend a session specifically designed to enable Governors to fulfil their statutory duties.

Attendees: This training is suitable for:

- All governors new to the role

Course contents:

- Timeline and National update
- Keeping Children Safe in Education
- Safeguarding on a daily basis
- Role of governors
- Responsibilities and understanding
- Specific safeguarding issues
- Tools to support governor monitoring
- What to do if you are concerned

Learning Outcomes

- Be up to date with current national safeguarding guidance
- Be aware of the school's safeguarding policies and procedures
- Understand the responsibilities of governors
- Have an awareness of a range of safeguarding issues
- Have an understanding of monitoring safeguarding

Length of training: 1½ - 2 hours

Cost	Core	Enhanced	Non-SLA
In School	N/A	N/A	N/A
Central/Zoom	Free	Free	N/A

Safeguarding Staff



Introduction

The aim of this training is to help to understand what is meant by child abuse and neglect, how to recognise common signs of abuse and how to act if you have concerns about children’s care or safety, plus how to keep yourself safe by ensuring you follow your schools code of conduct. Staff who are new to the role / setting must complete this session as part of their induction.

Attendees: This training is suitable for the following members of staff:

For all staff who are in contact with children, for example:

- Teachers, Pastoral Staff
- Support Staff, Admin, Teaching Assistants, First Aiders
- School Outreach Workers, PSAs, Family Support Officers, Attendance Officers
- Management
- Lunch time Supervisors

Learning Outcomes:

By the end of the training participants will be able to:

- Reflect on current practice
- Identify the signs and symptoms of child abuse
- Understand safeguarding procedures
- Describe the importance of sharing information and whistle blowing
- Explore the potential consequences of poor practice including social networking
- An understanding of new guidance including Child Exploitation, Female Genital Mutilation, Sexual violence and Harassment

Length of course: 2 hours

First session when joining CES is free, any additional ‘In school’ sessions will be chargeable.

Cost	Core	Enhanced	Non-SLA
In School	£250	2 Credits	£300
Central/Zoom	Free	Free	£75

Introduction

This session is amended annually to ensure staff are kept up to date with current issues and guidance. Using national and regional information we are able to develop the training to be relevant to a variety of school roles.

Attendees: This training is suitable for:

All staff who are in contact with children, including:

- Management
- Teachers, Pastoral Staff
- Support Staff, Admin, Teaching Assistants, First Aiders, caretakers, lunchtime staff
- School Outreach Workers, PSAs, Family Support Officers, Attendance Officers

Learning Outcomes:

By the end of the training, participants will:

- Be aware of their role and responsibilities in relation to safeguarding
- Have a clear understanding of the DfE current guidance
- Understand specific issues related to safeguarding
- Have a clear understanding of how to deal with disclosures
- Know what to do if concerned about a child

We advise that schools deliver this session when returning to school in September. The session is best delivered by Designated Safeguarding Leads to remind staff they are the named safeguarding person/s. Alternatively School SLA members can book the annual refresher as a school based session later in the term.

Can be used as the 'one free-of-charge option' for Core or Enhanced schools.

Length of course: 1 hour

Cost	Core	Enhanced	Non-SLA
In School	Free	Free	N/A
Central/Zoom	Free	Free	N/A

Introduction

This session is one of our themed safeguarding sessions, previously delivered as our 2017-18 staff refresher. Increasingly, staff are dealing with sexualised behaviour in schools. As this is a key agenda item for DfE we have developed the session to ensure staff in schools are able to identify concerns and manage any presenting sexualised behaviour appropriately.

Attendees: This training is suitable for:

All staff who are in contact with children, including:

- Management
- Teachers
- Pastoral Staff
- Support Staff
- School Outreach Workers

Learning Outcomes:

By the end of the training participants will be aware of:

- Their role and responsibilities in relation to safeguarding
- Have a clear understanding of the DfE current guidance including Keeping Children Safe in Education
- Types of sexualised behaviour and threshold levels
- Signs and symptoms of age-related behaviour
- Sexual harassment and bullying in schools
- Managing and responding to sexualised behaviour

Length of course: 1.5 hours

Cost	Core	Enhanced	Non-SLA
In School	£250	2 credits	£300

Introduction

We recommend that schools ensure their staff are recording effectively. This session was developed by one of our trainers when it was found that many education staff had never received any training on recording effectively, which was resulting in avoidable mistakes and legal cases. This session ensures there is a clear understanding of the importance of effective record-keeping and that staff and organisations are aware of their responsibility in relation to recording.

Attendees: This training is suitable for:

- Those in direct contact with children and families, regardless of the organisation
- All staff required to keep records including Family Workers, Welfare, Teachers, education staff and admin
- Those supervising staff

Learning Outcomes:

- Develop new skills/methods for recording
- Describe the importance of effective record-keeping and safe practice
- Explore the potential consequences of poor practice
- Gain an understanding and develop good practice
- Detail the protocols and procedures to be followed regarding safe storage of records
- **Please note: This session can include a 15 minute CPOMS demonstration for new users of the system.**

Length of course: 1.5 hours

Cost	Core	Enhanced	Non-SLA
In School	£250	2 credits	£300

Introduction

It is important that schools not only safeguard children but also staff who may be isolated or working alone. Once managers are trained, we recommend they return to school and implement an action plan using our materials to ensure their staff are following guidance. The session can be delivered in 3 ways:

1. Session for managers
2. Session for staff
3. Session for both managers and their staff

Attendees: This training is suitable for:

Head Teachers / Deputy Head Teachers and any line managers of:

- Nursery Staff who carry out lone or joint home visits
- Outreach staff such as PSAs/School Welfare/School Attendance/ Family Support Officers
- Any pastoral staff who carry out lone or joint home visits

Learning Outcomes:

By the end of the training participants will be able to:

- Understand the role and responsibilities of those managing staff and employees
- Describe what lone working is
- Identify staff who may be at risk
- Develop a school action plan
- Implement policies and procedures regarding lone working
- Understand the importance of risk assessments

Length of course: 2 hours

Cost	Core	Enhanced	Non-SLA
Central/Zoom	£50pp	Free	£100pp

Introduction

This session is one of our themed safeguarding sessions previously delivered as our 2018-19 staff refresher. Increasingly staff are dealing with new specific safeguarding areas. Staff should have an understanding of specific safeguarding areas as this is a key agenda item for DfE. We have developed the session to ensure staff in school have a knowledge of the range of safeguarding issues they may face and ensure they are able to identify and respond to those concerns effectively.

Attendees: This training is suitable for:

All staff who are in contact with children including:

- Management, Teachers, Pastoral Staff, Support Staff and School Outreach Workers

Course Content:

By the end of the training participants will be aware of:

- Their role and responsibilities in relation to safeguarding
- Have a clear understanding of the DfE current guidance including Keeping Children Safe in Education
- Understand specific issues relating to safeguarding
- Have a clear understanding of how to deal with disclosures
- Know what to do if concerned about a child

Length of course: 1.5 hours

Cost	Core	Enhanced	Non-SLA
In School	£250	2 credits	£300

Introduction

The staff workshops have been designed as a follow on from sessions delivered by CES. Each session is activity based and explores key safeguarding themes. The workshop can be delivered by a CES trainer or by the school DSL (members only). The sessions can be downloaded from the members' section of the website by visiting the "training workshop" doorway. New sessions in key areas will be added throughout the academic year.

Our current sessions include:

Recording in schools Code: SS007	Code of Conduct for Staff Code: SS008
<p><u>By the end of the training participants will be aware of:</u></p> <ul style="list-style-type: none"> ✓ Their roles and responsibilities in relation to recording in schools ✓ Have a clear understanding of the DfE current guidance on recording ✓ Understand the importance of recording ✓ Have a clear understanding of how to record effectively 	<p><u>By the end of the training participants will be aware of:</u></p> <ul style="list-style-type: none"> ✓ Their roles and responsibilities in relation to staff behaviour in schools ✓ Understand the process of allegations and why they arise ✓ Current DfE guidance on keeping yourself safe ✓ Have increased knowledge on areas of vulnerability ✓ Recognise the importance of keeping yourself safe

Length of training: 1 hour

Cost	Core	Enhanced	Non-SLA
In School	£125	1 credit	£150

Or free if school delivered their own annual refresher.

Review of record keeping system: support session

Code: SS09

Introduction

This session supports school leaders to review their current record keeping system (including CPOMS, Bromcom, MYCONCERN) and ensure that they are using their system effectively. Keeping Children Safe in Education states that schools should review their record keeping systems regularly.

Many schools may have organised the set-up of their system some time ago. Our consultant offers a bespoke 1:1 or small group session to support you to ensure your system is compliant with Keeping Children Safe in Education and reflects current safeguarding procedures in your school.

Attendees: This session is suitable for:

- Staff with admin rights to the CPOMS system
- Designated Safeguarding Leads (DSLs) / Leadership

Session content:

- An audit of your current system to ensure categories are appropriate, restrictions are in place
- Ensure safeguarding compliance
- Explore all available features

We advise that schools review their record keeping system on a regular basis at least annually.

Length of course: 2 hours

Cost	Core	Enhanced	Non-SLA
In School	£250	2 credits	POA

Staff training: Completing a CPOMS incident form effectively and consistently

Code: SS010

Introduction

This training session reiterates the importance of effective record keeping for all staff and outlines the key expectations of high quality records. It aims to ensure that staff fully understand the importance of consistency in the quality of all incidents submitted.

Many schools may have organised the set-up of their system some time ago and staff may never have received specific training. Our consultant offers an interactive session with several examples shared as learning points.

Attendees: This training is suitable for:

All staff who are in contact with children and are expected to record incidents on CPOMS, including:

- Designated safeguarding leads and senior leaders
- Teachers, pastoral staff, admin, teaching assistants, first aiders, caretakers, lunchtime staff
- Family support officers, welfare staff, attendance officers, school counsellors

Learning Outcomes:

By the end of the training, participants will be aware of:

- Their responsibilities in relation to recording safeguarding incidents
- The importance of recording incidents, impact and actions effectively on CPOMS
- When follow up action is required
- What to consider when recording
- The importance of choosing the correct category to ensure data is correct

We advise that schools refresh staff annually on the expectations of record keeping within

Length of course: 1 hour

Cost	Core	Enhanced	Non-SLA
In School	£125	1 credits	POA

Effective use of your record keeping system to produce safeguarding reports

Code: SS011

Introduction

This session supports school leaders to use their record keeping system (including CPOMS, Bromcom, MYCONCERN) to create high quality, meaningful reports.

Keeping Children Safe in Education states that schools should review their record keeping systems regularly. Our consultant offers a bespoke 1:1 or small group session to support you to look closely at using the reporting feature to demonstrate the impact of safeguarding systems and processes in school.

Attendees: This session is suitable for:

- Designated Safeguarding Leads (DSLs) / Leadership

Session content:

- Ensure reports accurately reflect the number of incidents within school
- Ensure reports accurately reflect the effectiveness of safeguarding systems and procedures
- Reports that can be shared with relevant stakeholders and agencies

Length of course: 1 hour (but can be extended to two hours, please note this will change the price to Core £250 and enhanced 2 credits)

Cost	Core	Enhanced	Non-SLA
In School	£125	1 credits	POA

Supported quality assurance of recorded safeguarding incidents

Code: SS012

Introduction

This session supports school leaders to drill down and quality assure specific safeguarding incidents within their record keeping system (including CPOMS, Bromcom, MYCONCERN).

Keeping Children Safe in Education states that schools should review their record keeping systems regularly. Our consultant offers a bespoke 1:1 or small group session to support you to look closely at specific incidents such as bullying, sexualised behaviour and disclosures against a set of clear expectations for high quality, effective records.

Attendees: This session is suitable for:

- Designated Safeguarding Leads (DSLs) / Leadership

Session content:

- A formal review of specific incidents to ensure consistency of quality and effectiveness
- Ensure records of incidents are compliant
- Ensure that all features of the system are being used to optimum effect
- A written record of incidents that have been quality assured

We advise that schools to formally quality assure incidents on a regular basis at least termly. This session offers an independent review of records.

This session can be extended to support the school to produce a handbook guide for all staff on submitting high quality, effective incidents

Length of course: 1 hour (but can be extended to two hours, please note this will change the price to Core £250 and enhanced 2 credits or Core £375 and enhanced 3 credits with bespoke handbook)

Cost	Core	Enhanced	Non-SLA
In School	£125 £250 (bespoke handbook produced)	1 credits 2 credits (bespoke handbook produced)	POA

Introduction

This session is designed specifically for lunch time staff. This can be delivered at a time suitable for the school.

Attendees: This training is suitable for:

- Lunchtime staff
- After school club staff

Learning Outcomes:

- Keeping yourself safe in school
- Thinking about the benefits and barriers of a calm lunchtime environment
- Exploring behavior strategies
- Understanding child on child abuse
- It happens here- exploring a real life story
- SCAR approach
- Thinking about how to understand and actively listen to a child's feelings and emotions
- Exploring challenging behaviors and how you can deescalate a situation effect
- Thinking about how you can effectively deal with disclosures

Length of Training: 1 hour

Cost	Core	Enhanced	Non-SLA
In School	£125	1 Credit	£150

Introduction

This session looks at the issues children potentially face online while accessing the internet, social media, and games. It looks at practical ways you as staff can support children to keep themselves safe. The session also looks at how staff can effectively keep themselves safe while using the internet.

Attendees:

This session is suitable for:

- Staff

Course Content:

By the end of the training participants will be aware of:

- The risks that children and young people potentially face while exploring online
- How to effectively support children and young people to keep themselves safe online
- How staff can keep themselves safe while using the internet, accessing apps, social media and / or games
- The importance of privacy and security settings including the use of passwords
- The impact of inappropriate posts on social media and how they can impact a person's ambition and career

Length of Training: 1 Hour

Cost	Core	Enhanced	Non-SLA
In School/Zoom	£125	1 Credit	£150

Introduction

This session looks at staff Code of Conduct and is suitable for all staff within all organisations. It will help you explore and think about your role and responsibility within your organisation, while also considering your behaviour within your personal life and the impact this could have professionally.

The session will help you to recognise and think about your strengths and weaknesses and identify the importance of challenge while also understanding when it is necessary to seek support and / or help.

Attendees: This training is suitable for all members of staff

Learning Outcomes:

Following this session, you will understand:

- Your role and responsibility in relation to your Code of Conduct both in and outside of your organisation
- The policy and procedures in place to ensure a safe and effective workplace
- How to effectively respond, record and report a concern about another member of staff
- The importance of challenge and seeking support when this is necessary
- The value of a positive and inclusive workforce

Length of Training: 1 Hour

Cost	Core	Enhanced	Non-SLA
In School	£125	1 Credit	£150

Video: An introduction to classroom management and other school practices

Code: SS016

Introduction

This video explores classroom practice including the role of support practitioners in classroom management, factors which impact behaviour presentation and practical tips to support a culture of positive behaviour for learning.

Attendees: This training is suitable for agency staff

Learning Outcomes:

Following this session, you will understand:

- What is meant by the term 'behaviour'
- Appropriate/inappropriate classroom behaviour
- Potential causes of inappropriate behaviour
- Effective behaviour management practice

Length of Training: Video Lenth 13 minutes. You can either purchase to have the video for two weeks or a year. Please see the prices below

Cost	Core	Enhanced	Non-SLA
2 weeks access	£125	1 Credit	£150
1 year access	£750	6 Credits or £600	£900

Video: An introduction to safeguarding and classroom management

Code: SS017

Introduction

This video explores statutory responsibilities relating to safeguarding including how to keep yourself and others safe, roles and responsibilities, dealing with disclosures and reporting and recording safeguarding concerns. The second part of the session explores classroom practice including the role of support practitioners in classroom management, factors which impact behaviour presentation and practical tips to support a culture of positive behaviour for learning.

Attendees: This training is suitable for agency staff

Learning Outcomes:

Following this session, you will understand:

- The guidance and expectations related to keeping children safe
- Appropriate safeguarding procedures and responses
- The importance of information sharing and whistleblowing
- Appropriate/inappropriate classroom behaviour
- Potential causes of inappropriate behaviour
- Effective behaviour management practice

Length of Training: Video Length 24 minutes. You can either purchase to have the video for two weeks or a year. Please see the prices below

Cost	Core	Enhanced	Non-SLA
2 weeks access	£125	1 Credit	£150
1 year access	£750	6 Credits or £600	£900

Video: An introduction to the role of the cover supervisor

Code: SS018

Introduction

This video explores the role of the cover supervisor, responsibilities, and practical tips to undertake the role. It looks at the skills and qualities required to undertake this role, key aspects of the role and strategies to support classroom management, including preparation, routines and supporting a culture of positive behaviour for learning.

Attendees: This training is suitable for:

- Cover Teachers
- Cover Supervisors
- Higher Level Teaching Assistants
- Agency Staff

Learning Outcomes:

Following this session, you will understand:

- What makes an effective cover supervisor
- What we mean by effective preparation and readiness
- Strategies to support classroom management
- Strategies to promote positive behaviour
- The importance of operating within the whole school model

Length of Training: Video Length 20 minutes. You can either purchase to have the video for two weeks or a year. Please see the prices below

Cost	Core	Enhanced	Non-SLA
2 weeks access	£125	1 Credit	£150

1 year access	£750	6 Credits or £600	£900
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Safeguarding Parents

Introduction

This session is aimed at parents / carers to broaden awareness of bullying /anti-bullying issues within schools. This is an interactive presentation and participants will have the opportunity to share experiences and ask questions.

The presentation and session also involves videos which help to support the delivery of the key messages

Attendees: This training is suitable for:

- Parents
- Carers
- Grandparents / relatives
- Community Members

Learning Outcomes:

- What is bullying?
- To explore the difference between bullying and social / friendship issues
- How parents can teach their child to deal effectively and safely with conflict
- How parents can support their child if they are experiencing bullying
- Where support can be accessed
- Parents will be made aware of valuable resources

Length of Training: 1 hour

Cost	Core	Enhanced	Non-SLA
In School/Zoom	£125	1 Credit	£150

Introduction

We recognise that parenting can be one of the most challenging roles. In this session we explore the difficulties faced on a daily basis by parents. Working together in the session we look at ways to improve behaviour to complement school's procedures.

This is an interactive session, participants will have the opportunity to share experience and ask questions in relation to their own children.

Attendees: This training is suitable for:

- Parents
- Carers
- Grandparents / relatives
- Community Members

Learning Outcomes:

- Participants will have the opportunity to reflect on their role as a parent
- Explore appropriate expectations around behaviour
- Explore a range of techniques for managing behaviour effectively
- Consider how to discipline children safely
- To consider the role of parenting programmes as support for managing behaviour at home

Length of Training: 2 hours

Cost	Core	Enhanced	Non-SLA
In School/Zoom	£250	2 Credits	£300

Introduction

This session is aimed to support and educate parents around online safety. It equips parents with the tools to effectively support their children when it comes to the online world. It prepares parents for what their child may be subject to / accessing as they get older and provides them with the skills and understanding to reduce the risks around this.

The session is interactive; parents will have the opportunity to ask question and the session includes videos to support the delivery of the key messages.

Attendees:

This session is suitable for:

- Parents
- Carers
- Grandparents / relatives

This session is **NOT** suitable for children. Attendees should not bring any children to the session.

Course Content:

What parents will take away from the session:

- Knowledge and understanding around the online world
- Information and guidance around parental controls
- Knowledge around social media, and gaming. Thinking around age recommendations and why these are in place
- An understanding of cyberbullying
- Knowledge and understanding around the online risk children may face as they get older
- Where parents can gain support and guidance from if they have any worries regarding the online world
- Resources they can access following the session

Length of Training: 1 Hour

Cost	Core	Enhanced	Non-SLA
In School/Zoom	£125	1 Credit	£150

Introduction

This session is aimed to support and educate participants around online safety. It equips parents with the tools to effectively support their children when it comes to the online world. It prepares parents for what their child may be subject to / accessing and provides them with the skills and understanding to reduce the risks around this.

The session is interactive; participants will have the opportunity to ask question and the session includes videos to support the delivery of the key messages.

Attendees:

This session is suitable for:

- Parents
- Carers
- Grandparents / relatives

This session is **NOT** suitable for children. Attendees should not bring any children to the session.

Course Content:

What parents will take away from the session:

- Knowledge and understanding around the online world
- Information and guidance around parental controls
- Knowledge around social media, and gaming. Thinking around age recommendations and why these are in place
- An understanding of cyberbullying
- Knowledge and understanding around the online risk including sexting and online grooming
- Where parents can gain support and guidance from if they have any worries regarding the online world
- Resources they can access following the session

Cost	Core	Enhanced	Non-SLA
In School/Zoom	£125	1 Credit	£150

Length of Training: TBC with trainer / up to 1.5 hours

Safeguarding Pupils

Introduction:

This session has been developed to support children in KS1 to understand the importance of being kind.

A story book which provides the basic messages around bullying and the importance of kindness will be delivered. Following the story, there is an interactive question and answer presentation relating to the story. This will help to explore the children's knowledge and understanding around bullying and ensure they know where to gain support if they are worried about being bullied.

Both story books we have available have an interactive presentation, with questions and answers.

The children will receive some colouring resource sheets following the session so they can revisit what they have learnt during the session.

This training is suitable for:

- KS1 Children

Learning Outcomes:

What the children will take away from the session:

- The importance of being kind; being a friend
- A basic understanding around what bullying is
- The importance of recognising everyone's unique characteristics and the fact that we are all different and this is a good thing
- What to do if they are being bullied and where they can gain support

Length of Session: 30 Minutes

If booked with Anti-bullying session – KS2, to be delivered on the same day consecutively you will only be charged 1 credit for enhanced, £125 for core and £150 for Non-SLA for both sessions. If they are booked on the same day but not consecutively you will be charged the prices separately

Cost	Core	Enhanced	Non-SLA
In School	£125	1 Credit	£150

Introduction:

This session has been developed to support children in KS2 to understand what bullying is and the importance of being kind. The session will give them skills and knowledge around the different types of bullying and where they may take place.

It will remind children of the importance of kindness and where they can gain help and support safely if they are feeling worried.

The presentation is interactive and includes videos to deliver the key messages. The children will have an opportunity to ask questions

This training is suitable for:

- KS2 Children

Learning Outcomes:

What the children will take away from the session:

- The importance of being kind; being a friend
- An understanding around what bullying is and the different types of bullying
- Where bullying can take place
- The importance of recognising everyone's unique characteristics and the fact that we are all different and this is a good thing
- It will help children to think about the impact of their actions on other people
- What to do if they are being bullied and where they can gain support

Length of Session: 45 Minutes

If booked with Anti-bullying session – KS1, to be delivered on the same day consecutively you will only be charged 1 credit for enhanced, £125 for core and £150 for Non-SLA for both sessions. If they are booked on the same day but not consecutively you will be charged the prices separately

Cost	Core	Enhanced	Non-SLA
In School	£125	1 Credit	£150

Introduction:

This session is aimed at KS1 children; it includes a storybook delivering the key messages around keeping themselves safe online. There is an interactive question and answer time following the session which is linked to the storybook delivered.

Following the session, there is a resource sheet that the children can take away to revisit their knowledge and understanding.

This session is suitable for:

- KS1

Can be delivered as a class and / or assembly

Course Content:

This course includes one of our stories around keeping yourself safe online.

All stories have interactive presentations / questions and answers to complete following their delivery.

Following the delivery of the session the children will have an understanding of the online world, the basics around keeping themselves safe and ensuring they remain kind.

Length of Training: 20-30 Minutes

If booked with Online Safety – KS2, to be delivered on the same day consecutively you will only be charged 1 credit for enhanced, £125 for core and £150 for Non-SLA for both sessions. If they are booked on the same day but not consecutively you will be charged the prices separately

Cost	Core	Enhanced	Non-SLA
In School	£125	1 Credit	£150

Introduction:

This session is aimed at KS2 children providing them with a basic overview of how to effectively keep themselves safe online.

It will explore and help children to think about what kind of world they would like to live in and to think about their actions and how this can impact on other people.

The children will leave the session with the understanding around where they can gain help and support if they are worried.

Attendees:

This session is suitable for:

- KS2 children

Can be delivered as a class and / or assembly

Course Content:

The participants will leave the session with knowledge and understanding around:

- The SMART rules
- Social media and gaming
- Age ratings and why they are in place
- Online grooming- what does this mean?
- Cyberbullying and the impact
- Where and who they can get support from

Length of training: 30 Minutes

If booked with Online Safety– KS1, to be delivered on the same day consecutively you will only be charged 1 credit for enhanced, £125 for core and £150 for Non-SLA for both sessions. If they are booked on the same day but not consecutively you will be charged the prices separately

Cost	Core	Enhanced	Non-SLA
In School	£125	1 credit	£150

Introduction

This workshop has been devised to educate young people from the age of 11 to 17 years about the potential dangers of being involved in County lines & gangs. County lines are a very serious issue where criminal gangs set up a drug-dealing operation in a place outside their usual operating area. This can have a really big effect on the community and people who live there, bringing with it serious criminal behaviour.

Attendees: This training is suitable for:

All staff who are in contact with children including:

- Management, Teachers, Pastoral Staff, Support Staff and School Outreach Workers
- Young people – aged 11 to 17

Course Content:

By the end of the training participants will have an understanding of:

- Why young people become involved in gangs.
- The definition of County Lines
- How social media has a big impact on gangs, county lines and drugs.
- How young gang members can be exploited and blackmailed into selling and dealing drugs
- Risks of gang culture and how county lines are threatening young people's lives.

Length of course: 1 hour

Cost	Core	Enhanced	Non-SLA
In School	£125	1 credit	£150

Introduction

The aim of this course is to educate young people about the dangers of community-based risks including knives and sharpened instruments, gangs, drugs, self-esteem and anger management. Sessions can be focused on any area where there is serious risk of harm or criminalisation.

Attendees: This training is suitable for:

All staff who are in contact with children including:

- Young people – Y5 to Y13

Course Content:

By the end of the training participants will have an understanding of:

- Risk-taking behaviour of young people.
- Laws around carrying weapons and offending behaviour
- Knowing the area they live in (areas not to go)
- Keeping themselves safe
- Increased awareness of the outcomes of offending behaviour

The outcomes for self-esteem and anger management sessions will vary but is aimed at giving the young people skills to cope with their everyday lives and tools support aggressive outbursts or anger.

Length of course: 1 hour minimum – anger management and self-esteem sessions minimum of 3 hours

Cost	Core	Enhanced	Non-SLA
In School	£125	1 Credit	£150

Introduction:

The aim of this course is to educate and support young people around managing exam stress. It gives staff an overview around how they can support young people when it comes to them feeling anxious. Young people will gain reassurance around how they feel in regards to exams, while recognising anxiety is a normal emotion. Young people will gain understanding and knowledge around the mindfulness principle. They will gain strategies and techniques around how they can manage their emotions when it comes to exam stress, considering mindfulness as a positive intervention.

Parents and young people will have the opportunity to discuss any concerns or worries and ask questions relating to the session.

Attendees:

School staff, parents and young people Yr 6+

Course Content:

By the end of the training participants will have an understanding of:

- What exam stress is, and how this impacts of young people
- What anxiety is
- How to help our young people suffering from anxiety?
- What mindfulness is
- Different techniques which may help reduce stress and anxiety

Cost	Core	Enhanced	Non-SLA
In School	£125	1 Credit	£150

Sexual harassment / violence and consent

Code: SPU008

Introduction:

This session has been developed to support young people in regards to sexual violence and harassment. We hope it will equip them with the skills to help support keeping them safe.

The session looks at what sexual harassment / violence is, and helps young people to explore their own relationships. It gives them the opportunity to reflect and think about the importance of consent.

This training is suitable for:

- Young people 13+

Learning Outcomes:

What young people will take away from the session:

- What sexual harassment / violence is
- Indicators
- The impact
- The age of criminal responsibility
- What we mean by 'sexting'
- The consequence of taking, sending and /or distributing naked images
- An understanding of 'upskirting' and the law around this
- What do we mean by 'online grooming' and fake profiles?
- What revenge porn is
- What to do if they experience sexual harassment / violence and where they can gain support

This presentation is interactive and includes videos to deliver the key messages.

Length of Session: 60 Minutes

Cost	Core	Enhanced	Non-SLA
In School	£125	1 Credit	£150

Online Safety – Communicating with people online

Code: SPU009

Introduction

This workshop has been designed to be delivered to children and young people. This is a bespoke session that looks at online safety but specifically communicating with people online.

Attendees

- This training is suitable for children and young people KS2+

Workshop content:

- This workshop will provide children with the opportunity to reflect on their own communication
- We will provide children with the opportunity to think about the apps, games and social media forums they are using
- This workshop will provide children with an understanding in relation to grooming
- We will help children spot signs and indicators of grooming
- This workshop will help children to understand the meaning of 'trust'
- We will explore how easy it is for individuals to create fake profiles and the risks around this
- The workshop allows children to witness the risks around communicating with people online who they do not know (*This will be achieved through the story of Sarah*)
- We will explore where children can seek support

Length of Session: 60 Minutes

Cost	Core	Enhanced	Non-SLA
In School/Organisation	£125	1 Credit	£150

Good manners, respectful behaviour and understanding consent

Code: SPU010

Introduction

Respectful behaviour helps everyone to feel valued and important.

Helping children to understand good manners and the difference between respectful and disrespectful behaviour teaches empathy. Giving and receiving respect helps children to feel safe.

Gaining consent helps to develop positive relationships, with clear boundaries demonstrating respect both ways.

This session will build the foundation to develop such behaviours.

Workshop:

This workshop has been designed to be delivered to smaller groups of children within a learning setting.

The workshop will provide key messages for children to take away while giving them the opportunity to reflect on their manners and behaviour.

The workshop is interactive and includes activities around respectful and disrespectful behaviours.

The session provides the participants with an understanding around personal space, appropriate and inappropriate touch.

The session will also help children to understand the importance of giving and receiving consent.

The workshop is delivered over 1 hour

Attendees

This training is suitable for children up to and including KS2

Length of course: 60 minutes

Cost	Core	Enhanced	Non-SLA
In School/Organisation	£125	1 Credit	£150